

Team Kennet Club Records

Road Running

Age Group Senior Men

Event	Athlete	Record	Year
5 Kilometres	Mark Shepherd	17.20	2007
5 Miles	Tom Munt	27.24	2006
10 Kilometres	Mark Shepherd	33.14	2008
10 Miles	Mark Shepherd	57.39	2008
50 Kilometres	Mark Shephard	3.29.58	2006
Half Marathon	Mark Shepherd	1.14.23	2007
Marathon	Mark Shepherd	2.40.36	2008

Age Group Senior Women

Event	Athlete	Record	Year
5 Kilometres	Rachel Elliott	18.00	2007
5 Miles	Rachel Elliott	30.04	2007
10 Kilometres	Rachel Elliott	37.20	2008
10 Miles	Rachel Elliott	62.35	2007
20 Miles	Vicky Jordan	2.52.18	2005
Half Marathon	Rachel Elliott	1.20.56	2008
Marathon	Sarah Chapman	3.27.00	2008

Age Group Vet 35 Women

Event	Athlete	Record	Year
5 Miles			
10 Kilometres	Helen Singleton	50.37	2006
10 Miles	Lorraine Croggon	1.27.17	2007
20 Miles	Lorraine Croggon	3.09.	2007
Half Marathon	Helen Singleton	1.53.36	2006
Marathon	Heather Burch	4.13.15	2003

Age Group Vet 40 Men

Event	Athlete	Record	Year
5 Miles	Tom Munt	27.24	2006
10 Kilometres	Tom Munt	33.50	2007
10 Miles			
Half Marathon	Tom Munt	1.14.05	2007
Marathon	Tom Munt	2.47.43	2002

Age Group Vet 45 Women

Event	Athlete	Record	Year
5 Miles	Rose Metalli	36.17	2007
10 Kilometres	Rose Metalli	48.48	2006
10 Miles			
Half Marathon	Rose Metalli	1.50.51	2006
Marathon			

Age Group Vet 50 Men

Event	Athlete	Record	Year
5 Miles			
10 Kilometres			
10 Miles			
Half Marathon			
Marathon			